



# The Family Connection

introduces The Virtues Project  
An initiative of the Governor's Children and Family Council  
in collaboration with CFVI



## The Virtues Project

### For the Work Place

The Virtues Project is an international initiative focused on building peaceful and caring communities aligned to 52 virtues – such as “compassion,” “integrity,” “respect.” The Virtues Project promotes community capacity-building to teach positive behaviors and attitudes and contribute to healthy and supportive environments across sectors. This is an initiative originated with a work group of Early Childhood Advisory Committee of the Children and Families Council and is moving forward with support from the Community Foundation of the Virgin Islands. We are working in collaboration with the Department of Education to infuse VI culture into the messages and to implement The Virtues Project in the public schools. The Department of Human Services will be disseminating the “virtue of the week” to Head Start and child care centers with suggested developmentally appropriate activities. The goal is to engage the community in discussion and awareness of the “Virtue of the Week” in schools, child care settings, home, and the workplace through the media, religious institutions, schools and centers, government agencies, and business organizations. We intend to begin with the first “virtue of the week” the first week of October.

### What you can do

We are hoping to partner with you to help get the message out about the “Virtue of the Week” at your workplace. We are hoping you will email it to your staff, put it in newsletters, post it on bulletin boards, and cite examples at your workplace of moments when the virtues are practiced by your staff.

We will send you the “Virtue of the Week” with a full description on Tuesday to ensure you have time to publicize it. Please let us know who on your staff would be the most appropriate person (with email address or fax number) to receive the “Virtue of the Week” to ensure that the message will go out. If you have any questions, please contact:

Mona Charles: 340-774-6031 mcharles@cfvi.net or  
Donnalie Edwards-Cabey: 340-777-0990 decabey@cfvi.net

For more information you can review the website: [www.virtuesproject.com](http://www.virtuesproject.com)

### Week beginning November 20/21: Thankfulness

Thankfulness is being grateful for what we have. It is an attitude of gratitude for learning, loving and being. Appreciate the little things that happen around you and within you every day. Think positively. Thankfulness brings contentment.

You are practicing thankfulness when you...

- Are thankful for the gifts of life
- Appreciated your own abilities instead of envying others
- See the difficulties of life as opportunities to learn
- Enjoy your sense of wonder about the beauty in the world
- Are willing to receive what others want to give
- Count your blessings every day

Affirmation:

- I am thankful for the many gifts within me and around me today.*
- I appreciate my life.*
- I look for the lessons.*
- I expect the best.*