



# The Family Connection

introduces The Virtues Project  
An initiative of the Governor's Children and Family Council  
in collaboration with CFVI



## The Virtues Project

### For the Work Place

The Virtues Project is an international initiative focused on building peaceful and caring communities aligned to 52 virtues – such as “compassion,” “integrity,” “respect.” The Virtues Project promotes community capacity-building to teach positive behaviors and attitudes and contribute to healthy and supportive environments across sectors. This is an initiative originated with a work group of Early Childhood Advisory Committee of the Children and Families Council and is moving forward with support from the Community Foundation of the Virgin Islands. We are working in collaboration with the Department of Education to infuse VI culture into the messages and to implement The Virtues Project in the public schools. The Department of Human Services will be disseminating the “virtue of the week” to Head Start and child care centers with suggested developmentally appropriate activities. The goal is to engage the community in discussion and awareness of the “Virtue of the Week” in schools, child care settings, home, and the workplace through the media, religious institutions, schools and centers, government agencies, and business organizations.

### What you can do

We are hoping to partner with you to help get the message out about the “Virtue of the Week” at your workplace. We are hoping you will email it to your staff, put it in newsletters, post it on bulletin boards, and cite examples at your workplace of moments when the virtues are practiced by your staff.

We will send you the “Virtue of the Week” with a full description on Tuesday to ensure you have time to publicize it. Please let us know who on your staff would be the most appropriate person (with email address or fax number) to receive the “Virtue of the Week” to ensure that the message will go out. If you have any questions, please contact:

Mona Charles: 340-774-6031 mcharles@cfvi.net or  
Donnalie Edwards-Cabey: 340-777-0990 decabey@cfvi.net

For more information you can review the website: [www.virtuesproject.com](http://www.virtuesproject.com)

### Week beginning January 1/2: Peacefulness

**Peacefulness is being calm inside. Take time for daily reflection and gratitude. Solve conflicts so everyone wins. Be a peacemaker. Peace is giving up the love of power for the power of love. Peace in the world begins with peace in your heart.**

#### You are practicing peacefulness when you...

- Create inner peace with daily reflection or prayer
- Use peaceful language even when you are angry
- Speak gently and respectfully
- Avoid harming anyone
- Appreciate differences
- Find peaceful solutions to every problem

#### Affirmation:

*I am peaceful. I use peaceful words and find fair solutions when differences arise. I find my inner peace and it will carry me gently through the day.*